

"It's About Prudence, Not Paranoia"

As President Marion G. Romney said: "Food for the hungry cannot come from empty shelves. Money to assist the needy cannot come from an empty purse. Support and understanding cannot come from the emotionally starved. Teaching cannot come from the unlearned. And most important of all, spiritual guidance cannot come from the spiritually weak" (in *Conference Report*, Oct. 1982, 135; or *Ensign*, Nov. 1982, 93).

Personal

Physical – Eat Health and remain physically active

Mental – Strive for a higher education and continued learning

Financial – Pay your Tithe and Fast Offerings, Save for the future and live within your means

Spiritual – Pray often, read the scriptures, live the commandments and participate in church

Family

Physical – Participate in outdoor activities together often

Mental – Encourage personal and family study and discussion of religious and temporal topics

Financial – Be honest in with your fellow man living in the day and preparing for tomorrow

Spiritual – Provide a home of peace and safety where the Spirit of the Lord resides

- Be prepared for such things as:
 - Sort Term setbacks, under or un-employment, sickness
 - Long Term Un-Employment, Disability, House Fire, and Death in the family

Disaster

After securing your personal situation and families needs send a representative to the Ward House to coordinate with the Ward Family. Bishopric, High Priest and Elder Quorums, Relief Society, Young Men and Women's organizations and Primary will meet at address the ward needs.

Bishopric – Group leadership and coordination with other church and civic organizations

High Priests & Elders – Provide for a general accounting of the ward family state of being, shelter and security while assisting the Relief Society with Food and Water needs.

Relief Society – Food and Water preparation and administration while attending to the health needs of the ward.

Young Men and Women – Assist wards activities as assigned by the bishopric

Primary – Provided a secure sheltered environment to help with the needs of the children – prayer, songs and games.

Priorities

Physical – Shelter, Water and Food are essential for survival and are priority #1

Mental – Have a positive Mental Attitude with a desire to serve those in need: do not go into a state of shock – stay busy serving.

Security – Provide a secure and safe area for refuge and peace amongst the chaos

Spiritual – Testimony Meetings with songs and prayer will be often

- Be prepared for such things as
- Temporary Chaos and/or Destruction
 - Weather, Earthquake, Hazardous Material
 - 1 – 14 days expected, 30 days possible
 - 6 to 12 months recovery or return to normal
- Economic and or Civil Unrest, War